BUDGETING BASICS

- 1 Determine your monthly net income. This is what you make after taxes.
- 2 Determine your monthly expenses. There are two types: fixed (i.e. mortgage, car insurance) and flexible (i.e. groceries, gas). It's also important to know when these bills are due each month.
- 3 Pay yourself first! Adding savings to your budget will help prepare you for unexpected expenses in the future.
- 4 Invest in your future by contributing to a retirement plan or investing your money each month.
- 5 You're ready to go! Keep track of your monthly spending to help adjust your future budgets.

FREE DOWNLOAD

You can download our budget worksheet to print at home by visiting:

http://bit.ly/SOSBudgetWorksheet



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INCOME	Paycheck (after deductions)	
HOUSING	Rent or Mortgage Housing Insurance Electricity Gas Water/Sewage Trash Internet Digital Subscriptions Phone Other	
FOOD	Groceries & Household Supplies Meals Out Other	
CAR	Car Loan Car Maintenance & Repairs Car Insurance Gasoline	
HEALTH	Medicine Health Insurance Other	
PERSONAL	Child Care Child Support Clothing Laundry Entertainment Pets Sports & Hobbies	
OTHER	School (tuition, loans, supplies) Credit Card Payments Savings Charity	
WHAT'S LEFT		